



Pre / post – treatment care instructions

MICRODERMABRASION

Pre-treatment care instructions

- Do not use Accutane (acne medicine) for several months before the treatment
- Do not engage in any exfoliating treatments for at least one month prior to treatment
- Do not apply Retin-A, Tazorac, Renova, or Differin (also acne medicine) two weeks before and two weeks after your treatment
- Do not use any waxing or hair removal creams two weeks before your treatment
- Do not engage in any laser treatments one month prior and one month after your treatment
- Do not engage in any tanning sessions one month before treatment.

Tell your microdermabrasion clinician if:

- You have used Acutane recently
- You have had any recent facial surgery or radiation
- A herpes infection in the therapy area
- Any allergies to medication
- A suppressed immune system

Day one of the microdermabrasion treatment

Your skin may be a little tender and red. This is normal. Use skin care products as instructed by your aesthetician.

Day two and three after the microdermabrasion treatment

Your skin should have a glow, and you should be enjoying the results of your micro dermabrasion treatment. Return to the use of your products as instructed by your aesthetician. If you cannot tolerate your routine, contact your aesthetician.

REMEMBER YOUR SUN SCREEN EVERY DAY! Consult your aesthetician if you have any questions or concerns.